What Men Need

*The Clinical Reconstruction of Masculinity*

Parts 1 & 2

TERRY REAL

**Learning Objectives:**

1. Change immature templates of masculinity---bully, irresponsible boy, passive withholder, selfish narcissist---into more relational, mature templates.
2. Increase the capacity for healthy intimacy in men for both their own benefit and that of the world around them.
3. Describe ways women therapists in particular can effectively confront challenging men in sessions and the issues they bring to the therapy.
4. Use RLT to offer men new paradigms for many of the maladaptive aspects of traditional manhood, like replacing an ideal of strength with one of elegance.

The Breakthrough Experience

*How to Produce Transformation in Couples Therapy*

Parts 1 & 2

TERRY REAL

**Learning Objectives:**

1. Dislodge partners from their accustomed positions through loving confrontation, reframing, inner child/trauma work, and skill-based education.
2. Identify a point of change and use it.
3. Use issues of gender to move explicitly toward the reconstruction of masculinity and femininity in a therapy that is both post-patriarchal and at the same enormously practical and effective.
4. Explain how to effectively discover a couple’s vicious behavioral cycle and articulate each partner’s relational stance within it.