

# Practicing at Home

## A Zoom Workshop for Therapists and Their Partners

Despite our clinical expertise, most of us couple therapists have had our own relational challenges at one time or another. And sometimes it's hard to practice what we preach at home.

This June, I am presenting a three hour workshop that will provide you and your partner some original practical exercises for improving couple skills in communication, conflict management, connection, and caring that are both the foundation of my work with couples and fundamentally important for my own 53-year marriage.

The workshop will both provide you with some useful tools in your own relationship while helping you learn a variety of effective exercises to utilize with the couples you treat.

Some of the exercises to be learned will be:

- 1) Taking Turns 3by3's
- 2) Tender Loving Care
- 3) Collaborative Decision Making
- 4) Effective Conflict Management
- 5) Building Empathy Bridges
- 6) Grieving Together the Loss of the Garden of Eden
- 7) 10 Keys to Successful Long-Term Relationships

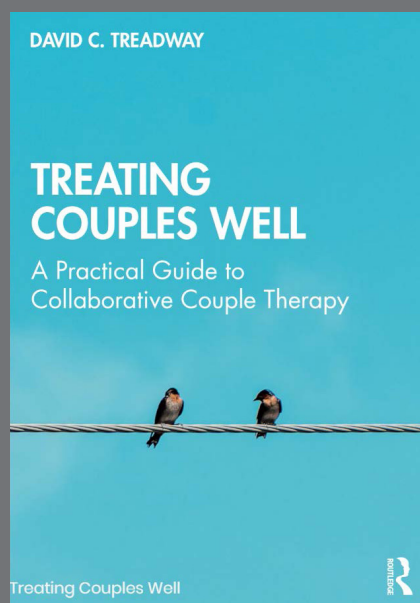
We will meet on Zoom for three hours with ample time to actually practice some of these skills in the privacy of your own home as well as to ask questions and get guidance as we go along.

In addition a copy of my new book, *Treating Couples Well: A Practical Guide to Collaborative Couple Therapy*, which has all the exercises described fully, will be included and sent to you free of charge.

Therapists with uninterested partners or without partners are welcome to join on their own.



**David Treadway**



### **When**

Saturday, June 5th  
from 11 to 2pm EDT

**Where:** Zoom

**How much:** \$150

To register, pay, and ask any questions please contact me  
at my website [drdavidtreadwayauthor.com](http://drdavidtreadwayauthor.com)

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